

## MY FORTRESS

**“I love You [fervently and devotedly], O LORD, my strength.”  
The LORD is my rock, my fortress, and the One who rescues me;  
My God, my rock and strength in whom I trust and take refuge;  
My shield, and the horn of my salvation, my high tower—my  
stronghold. I call upon the LORD, who is worthy to be praised;  
And I am saved from my enemies.”  
Psalms 18:1-3 AMP**

This is a psalm where David praises the Lord for rescuing him from the hand of all his enemies and from the hand of Saul.

A fort is simply: **a strong or fortified place especially : a fortified place occupied only by troops and surrounded with such works as a ditch, rampart, and parapet : fortification. 2 : a permanent army post –often used in place names.**

**fort, fortress.** In biblical times, forts were often constructed along borders or trade routes, and cities were typically walled so as to become fortresses themselves (cf. the expression “fortress city” in Neh. 9:5).

Already at the time of the exodus, Deut. 3:5 mentions “fortress towns with high walls, double gates and bars” in the kingdom of Og. At the time of David, a “fortress of Tyre” is mentioned (2 Sam. 24:7).

Rehoboam is said to have built fifteen fortified cities and to have made their fortresses strong (2 Chron. 11:11).

Jehoshaphat (2 Chron. 17:12) and Jotham (2 Chron. 27:4) are likewise credited with building forts and towers.

Nahum calls sarcastically for Assyria to strengthen its forts in preparation for the siege and devastation to come (3:14; cf. 3:12).

Isaiah refers to fortresses in Tarshish and Sidon (23:1, 4, 14).

Nehemiah makes reference to a "temple fortress" (2:8).

**The term "fortress" is also used metaphorically for God in prayers and hymns of praise (2 Sam. 22:2; Pss. 18:2; 31:3; 59:9; 62:2; 71:3; 91:2; 144:2).**

**Why is God referred to as a fortress, well here's why!**

Characteristics of Fortresses/ Strong Tower

Illustrative of

a. God's protection. Ps 18:2; Jer 16:19.

b. Christ, the defense of saints. **Isa 33:15,16.**

**"He who walks righteously and speaks with integrity, Who rejects gain from fraud and from oppression, Who shakes his hand free from the taking of bribes, Who stops his ears from hearing about bloodshed And shuts his eyes to avoid looking upon evil; He will dwell on the heights, His place of defense will be the fortress of rocks, His bread will be given him; His water will be permanent." Isaiah 33:15-16 AMP**

c. Protection afforded to ministers. Jer 6:27.

Forts prevent easy access to not just people but attacks, they serve as the ultimate defense mechanism for a city.

Its difficult to have a sneak attack against a city that is protected by a fortress with strong towers.

So I want to encourage you my brothers and sisters that those who dwell in the secret place of the most high God,

those who call upon the name of the Lord,

those who profess Jesus as savior and Lord,

the righteous who come boldly to the throne of grace can put their trust in our God who is a mighty fortress, a strong tower and our deliverer to carry us through anything that may come our way.

God brought us this far, I'm sure he will carry us through **WHATEVER** comes our way.