

Having a Strong Mind in Weak Times!

KJV Matthew 5:14 *Ye are the light of the world. A city that is set on an hill cannot be hid.*

15 *Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.*

16 *Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.*

Why do we need **fresh oil and new wine**?

So, **we can be** what God called us to be and **light up this cold dark world**

Oil causes lamps to burn brightly and wine makes our hearts glad!

We live in a world that's becoming increasingly sad & depressed!

The National Alliance on Mental Illness says:

- **1 in 5** U.S. adults experience mental illness.
- **Suicide** is the **2nd leading** cause of death among people 10-34.
- According to the WHO a person commits suicide every 40 seconds.

During a 40 min sermon 60 people have committed suicide!

How do we combat this enemy of our minds today?

KJV 2 Corinthians 11:3 *But I fear, lest by any means, as the serpent beguiled Eve through his subtilty, so your minds should be corrupted from the simplicity that is in Christ.*

Satan gets access to our minds through the things we watch, read and hear; his purpose is to **corrupt** (deteriorate) or **ruin** our minds.

The easiest way he gets access to our mind is through **worry!**

GWN Matthew 6:25 *"So I tell you to stop worrying about what you will eat, drink, or wear. Isn't life more than food and the body more than clothes?"*

Jesus clearly tells us NOT to worry!

People worry about climate change, the election, the economy, their families, the school system, taxes, gas prices and who doesn't like them!

GWN Philippians 4:6 Never worry about anything. But in every situation let God know what you need in prayers and requests while giving thanks.

7 Then God's peace, which goes beyond anything we can imagine, will guard your thoughts and emotions through Christ Jesus.

In short stop worrying and start praying and praising God!

Stop worrying & start praying and thanking God for His Grace!

Once you do you won't worry any more, God's peace will come to you!

KJV Matthew 22:37 Jesus said unto him, *Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.*

To love God with **all our mind** is letting nothing else influence our thoughts, desires and motives but God!

Back in the day if a brother had a girlfriend that controlled where he went and what he did so he wouldn't hang out with his friends, we would say... "she's got his mind."

KJV Isaiah 26:3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

❖ **When God's gets our mind, we get His peace!**

Joh 14:27 "Peace I leave with you; My peace I give to you; not as the world gives, do I give to you. Let not your heart be troubled, nor let it be fearful.

An **eternal everlasting peace**, an assurance that everything is working for your good!

We shouldn't worry, David says He's been young and now he's old and He's **never seen the righteous forsaken or God's children begging for bread!**

KJV 2 Timothy 1:6 Wherefore I put thee in remembrance that thou stir up the gift of God, which is in thee by the putting on of my hands.

7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Child of God when you got saved, God gave you a new mind!

A sound mind is a mind you control and not, the devil!

...no **problem** should control your mind!

....no **job** should control your mind!

....no **sickness** should control your mind!

....no **demon** should control your mind!

Right after Jesus resurrection two disciples were walking to a village called Emmaus.

- **Emmaus** means “**place of warm baths**”!

One of the disciple’s names was **Cleopas**, his name means “**from a renowned father**.”

Here’s the revelation, these men were disciples of Christ they knew what just happened to Jesus but were **sad** (Luke 24:17).

It’s the Greek word **skuthropos** (skoo-thro-pos) and means having a sad, gloomy countenance or being depressed.

They were **depressed** on their way to “*The Place of warm baths*” they’re Heavenly Father had prepared for them.

Here are the Health Benefits of taking a warm bath:

- **Fall asleep faster.**
- **Lowers blood pressure.**
- **Relieves muscle tension and stress.**
- **Improves blood circulation.**
- **Helps relieve cold/flu symptoms.**

While they were on their way to “The Place of Warm Baths” Jesus opens their minds so they can receive what God has for them!

ESV Luke 24:45 Then he opened their minds to understand the Scriptures

Dianoigo (dee-an-noy-go) to open the mind by separating truth from emotion!

KJV Ephesians 4:23 And be renewed in the spirit of your mind!