

The Enemy Called Distraction!

What's Necessary Right Now

KJV 1 Corinthians 7:35 And this I speak for your own profit; not that I may cast a snare upon you, but for that which is comely, and that ye may attend upon the Lord without distraction.

Here the apostle Paul is talking about the difference between the married women and a unmarried women.

The married woman has responsibilities to her husband and children!

The unmarried woman is only responsible for herself!

Many of the things unmarried women do become distractions for the married woman.

We as The Bride of Christ are joined to Christ; our full attention should be on pleasing Him!

Everything we do should be to please Christ and not ourselves, the world or anything else.

➤ If we give more attention to things other than God we are **distracted!**

Distraction is the diverting of one's attention away from something toward something else.

It's also an agitated mental **state of divided devotion**; distraction and double-mindedness are two sides of the same coin.

One of the devil's greatest weapons is filling our minds with many concerns to get us distracted from The Kingdom of God. (Matt 6:33)

➤ **Distraction** causes division of the soul!

Our **mind** is on one thing, our **will** something else and our **emotions** are all over the place!

ESV Luke 10:38 Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house.

39 And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching.

40 But **Martha was distracted** with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me."

41 But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things,

42 but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."

The very first thing we notice is **distraction** has caused Martha to become **anxious and troubled**.

The next thing is Martha starts talking to Jesus about something that's not important to Him!

Distracted people think everyone should be concerned about what they're distracted about!

First of all Martha invited Jesus to her house, not Mary!

So Mary came over to her sister's house to hear Jesus teach not to cook, clean and set up tables.

Since Martha invited Jesus to her house Mary's probably thinking she's got everything under control!

But **Martha isn't ready for Jesus to come to her house** because when He gets there she is still preparing!

So maybe Martha was distracted before Jesus came and it's the reason she's not ready—maybe Martha lives a distracted life and is ill prepared for many things

Martha is so distracted by the preparations that she **goes to Jesus** her **honored guest** and **asks Him to help her manage her household** affairs.

Martha is distracted by serving instead of getting the wisdom of God from Jesus—she complains to Jesus about her sister not helping.

When The Word of God is going forth that's the wrong time to prepare for anything else but listening! He wants to steal The Word!

Now the focus is on Mary and not on Jesus! When we get distracted we lose focus on the main thing and our attention goes to minor things.

Instead of listening to Jesus she's talking to Jesus—**distraction can causes us to talk & complain when we should be listening & learning!** So Jesus reminds Martha of the purpose for which she invited Him into her home! (**Martha was missing out on the good part, Mary wasn't**)

- **Distraction** can cause us to miss out of something good!

Martha got so distracted with cups, plates and chairs that she lost sight of Jesus presence in her life!

- Another definition of distraction is *to get off track!*

The question today is what's drawing us from what God intends?

KJV Jeremiah 31:3 The LORD hath appeared of old unto me, saying, Yea, I have loved thee with an everlasting love: therefore with lovingkindness have I drawn thee.

God seizes our attention with His love, grace, mercy and goodness!

God uses His love and favor to keep our attention on Him!

Have we gotten distracted and forgotten all God's done for us?

KJV Psalm 103:2 Bless the LORD, O my soul, and forget not all his benefits:

Distraction is getting off track! It's a drawing away of the mind, mental disturbance.

Have we gotten off track focusing on The Presidents issues, violence in the streets, our personal goals?

KJV Deuteronomy 30:17 But if thine heart turn away, so that thou wilt not hear; but shalt be drawn away, and worship other gods, and serve them!

Who or whatever has our attention has our worship!

When we stop recognizing God's loving-kindness in our lives we are easily drawn away from God and our focus is on ourselves; what we want, what we're going through and not on what God is doing in our lives.

Let's be like Mary Jesus said "*she didn't miss out on that good part Jesus was ready to give her.*"