

## The Power of Systems Part 3: Frequencies!

*KJV Matthew 11:15 He that hath ears to hear, let him hear.*

Jesus asks this question (7) seven times in the gospels and it's repeated (7) seven times in The Book of Revelation alone; each time it is associated with **overcoming, victory and conquest**.

Jesus says *“Take heed therefore **how ye hear**: for whosoever hath, to him shall be given; and whosoever hath not, from him shall be taken even that which he seemeth to have”*. *KJV Luke 8:18*

### How refers to the manner or way information is transmitted!

This is crucial for walking in TRUTH because the way something is communicated is connected to the intent of the messenger.

**For example:** Why would the tobacco companies pay trusted celebrities in the past to do cigarette commercials?

Because who and how the message is communicated effects how easy it is to believe! Their intent was to get people hooked—and it worked!

**Frequencies** are the numbers of times **energy waves** e.g. sound, light that pass through a place at a specific amount of time.

**Animals** hear sound at **different frequencies** (dogs, whales and dolphins) hear higher frequencies than people: so there are frequencies (sounds, light and energy) passing through us and by us **we never perceive**.

*KJV John 8:43 Why do ye not understand my speech? even because ye cannot hear my word.*

➤ **Frequencies are important to understand because they affect our brain waves—how we think, feel and act!**

*“When the brain is given a stimulus, through the ears, eyes or other senses it emits an electrical charge in response.”*

That electrical charge (**signal**) is a command for the body to do something, voluntary or involuntary!

There are 5 primary types of brainwaves currently known: each one is associated with how the mind works, the body functions and the lifestyle of a person.

**Gamma waves** (40 Hz +) — High level gamma activity is associated with geniuses and the lack of the 40 Hz brainwave is found in people with learning disabilities.

**Beta waves** (12 – 40 Hz A.K.A cycles per second in your brain) — these are associated with external focus and being consciously alert. When we feel afraid, agitated, or tense we are high in beta. People with anxiety disorders are found to have too much high beta activity.

**Alpha waves** (8 – 10 Hz) — the alpha rhythm is associated with feelings of calm, pleasant relaxation, and daydreaming activity.

**The 10 Hz brainwave is associated with serotonin release, feelings of well-being, “super-learning”, positive thinking, and creativity.**

10Hz frequencies stimulate the brain it then signals our GI tract to release serotonin—that’s right serotonin is found in our bellies.

The world system operates mostly at the 10Hz frequency this is how they can transmit information into our brains to control us using the medium of radio, television and the web.

**What makes whales and dolphins do what they do is not so much their size and shape but what they hear at higher frequencies.**

**Theta waves** (4 – 7 Hz) — Are very slow brainwaves produced while we are asleep. Theta activity is usually high in children, people with A.D.D., depression, and learning disorders. The theta rhythm is associated with being extremely relaxed, emotional, unfocused thoughts, paranormal experiences, and enhanced creativity.

In people with A.D.D., the theta wave increases when they wake up and when they try to focus, which is why they find it very difficult to focus.

**Delta waves** (1 – 4 Hz) — These are the slowest brainwaves. If you are in this brainwave state, you are in the deepest form of sleep (dreamless sleep) and completely unconscious. Delta brainwaves are very restorative and help to naturally release Human Growth Hormone, DHEA, and melatonin, which all slow the aging process.

**Why the science?** Because **Television** intentionally broadcasts at a constant 10Hz and the **world system** knows this produces an hypnotic state which allows people to receive and learn information on a very deep level

**Satan wants to change our rhythm, alter our life by getting us to walk according to his purposes, plans and desires.**

This is why Paul wrote: *KJV Galatians 5:16 ... Walk in the Spirit, and ye shall not fulfil the lust of the flesh.*

Walk in The Spirit here literally means “keeping in step with The Spirit” it’s about hearing the correct frequency and keeping the same tempo as God; like a soldier does while marching under the direction of his platoon guide. (this is one way we can discern true and false prophecy)

There are various frequencies in the spirit realm that dictate what we hear, see, learn and do—this is why we need to **unplug from the worlds system** (frequency, TV, radio, internet etc.) so we **are not** keeping up with the Kardashians, but rather keeping up with The Holy Ghost.

In the **alpha** brainwave state people lose their ability to detect and filter out false information and become like zombies.

### Who’s in danger?

Children 2-11 years old whose brains and minds are being formed by watching excessive television can be manipulated.

According to a Nielson in 2011 **When it comes to traditional TV, African-Americans tune in nearly 213 hours per month, more than twice as much as Asians and roughly 57 hours more than Whites. African-Americans also watch the most mobile video, though less time-shifted TV than the general population.**

Based on 2016 Marketing charts African-American households continued to consume the most TV on a monthly basis, close to triple the amount of time spent by Asian viewers, who spent the least amount of time watching TV.

Also **lower income** people watch more television than **high income** people!

*NIV 2 Corinthians 4:4 The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel of the glory of Christ, who is the image of God.*

Blinded here means to dull the mental perception and make it hard for people to understand the things of God on a spiritual level.

*KJV 1 Corinthians 2:14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.*

Natural man here speaks of the *instinctive man* the person who lives by natural inclinations doing what everyone ones does because they're all living on the same 10Hz frequency.

The things of The Holy Spirit are spiritually discerned—they're on a higher frequency.

Like the difference between **AM** and **FM** radio:

- **AM** has poorer sound quality than **FM**.
- **FM** is less prone to interference
- **FM** is stronger signal than **AM**
- **FM** is has less noise than **AM**

Lastly **AM** frequency is easily affected by storms—when you need to hear from heaven the most Satan can interfere with your signal.

**There are 168 hrs in a week! I get maybe 2hrs a week to help you get in step with The Holy Spirit!**

After sleeping 56hrs that leaves 112hrs; most Americans work 47.7 hrs a week that leaves 64.3! The question is who is controlling our influencing what we do those 64 hours?

*<sup>NIV</sup> 1 Timothy 4:7 Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly.*