

Taste and See: The LORD is Good!

KJV Psalm 34:8 O taste and see that the LORD is good: blessed is the man that trusteth in him.

Taste and emotions are strongly connected! After eating something that taste good it makes us feel good!

Taste was used to determine if foods were good for eating and therefore a matter of survival.

Savory dishes that taste of broth evoke pleasant emotions in most people. They are a signal that the food is rich in protein. This flavor has been recognized as the fifth basic taste in addition to the four better known tastes of sweet, sour, bitter and salty.

What is generally categorized as “taste” is basically a bundle of different sensations: it is not only the qualities of taste perceived by the tongue, but also the smell, texture and temperature of a meal that are important.

The “coloring” of a taste happens through the nose. Only after taste is combined with smell is a food’s flavor produced. If the sense of smell is impaired by a stuffy nose, perception of taste is usually dulled as well.

Like taste, our sense of smell is also closely linked to our emotions.

This is because both senses are connected to the involuntary nervous system.

That is why a bad taste or odor can bring about vomiting or nausea. And flavors that are appetizing increase the production of saliva and gastric juices making them mouthwatering.

KJV Genesis 2:9 And out of the ground made the LORD God to grow every tree that is pleasant to the sight, and good for food; the tree of life also in the midst of the garden, and the tree of knowledge of good and evil.

Everything God created that can be eaten should not be eaten!

KJV Genesis 3:6 And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her; and he did eat.

Notice the bible says Eve saw the tree was good for food!

The word saw here means “to inspect and perceive with the eye” taste also has allot to do with how something looks.

People go to great lengths not only cooking food but plating, garnishing and presenting food, why?

Because how food looks affects our perception of how it might taste!

What more does God have to do to make His Word more appealing to you?

What more does God have to do to get us to enjoy His presence more than the world?

What more does God have to do to make Jesus our delight more than anything else?

NIV Psalm 119:103 How sweet are your words to my taste, sweeter than honey to my mouth!

God desires to change our taste buds this year!

KJV Psalm 42:3 My tears have been my meat day and night...!

Tears are sour, salty and bitter!

- A bitter or sour taste was an indication of poisonous inedible plants or of rotting protein-rich food.

Eating our tears is living a hopeless defeated life they're poisonous!

- What tastes sweet and salty, on the other hand, are often a sign of food rich in nutrients.

KJV Psalm 119:103 How sweet are thy words unto my taste! yea, sweeter than honey to my mouth!