

# 2018 CONSECRATION 7 DAYS FASTING INSTRUCTIONS

## FASTING, PRAYER, & PRAISE!

### 1<sup>st</sup> four days Water and Juice Only.... No Food

- Monday, January 1<sup>st</sup> at 12am thru Thursday, January 4<sup>th</sup> at 11:59pm
- Prayer nightly at 6pm

### The last three days:

- Friday, January 5<sup>th</sup> thru Sunday, January 7<sup>th</sup> Fruits and Vegetables
- Praise nightly at 6pm on the 5<sup>th</sup> & 6<sup>th</sup> only
- Praise also on Sunday Morning but there will be No Evening Service on Sunday the 7<sup>th</sup>.

### Prayer Scripture:

#### **Psalm 69:9-10 (KJV)**

<sup>9</sup>For the zeal of thine house hath eaten me up; and the reproaches of them that reproached thee are fallen upon me.

<sup>10</sup>When I wept, and chastened my soul with fasting, that was to my reproach.